

Dr. Paul Coffin is a podiatrist specializing in Biomechanics as it relates to the feet and lower leg. He has been in private practice in Sioux City, Iowa since 1981.

Dr. Coffin studied and worked with a recognized pioneer in podiatric biomechanics and sports medicine, Dr. Richard Schuster, who was the first to create an orthotic specifically designed for runners. Dr. Coffin worked with Dr. Schuster at his orthotics laboratory for ten years, assisting him in his research.

Dr. Coffin has spent years experimenting with and perfecting his orthotics appliances and non-compressible, flexible orthotics. These orthotics are uniquely matched to the patient's structure, gait and activities. In addition to problems that manifest in foot pain, disorders such as those of the knees, hips, and back can relate to improper foot function. Dr. Coffin has teamed with Ron Hruska, founder of the Postural Restoration Institute (PRI) in Lincoln, NE to address this connection.



Dr. Paul Coffin (left) and Ron Hruska evaluate running shoes.