

RUNNING SHOES

PRI Recommendations: (in alphabetical order)

1. **ASICS** 2150 (S-M)
2. **ASICS** *Cumulus* (S-M)
3. **ASICS** Evolution (S-M-L)
4. **ASICS** Foundation (M-L)
5. **BROOKS** Defyance (S-M)
6. **BROOKS** Dyad (M)
7. **BROOKS** Glycerine (S-M)
8. **NEW BALANCE** 850 (M-L)
9. **SAUCONY** Echelon (M-L)
10. **SAUCONY** Stabil (L)

Underline = neutral shoe considerations for orthotics
Italics = light lateral calcaneal give

Qualities of a good shoe:

1. Solid heel counter
2. Excellent calcaneal support (no lateral heel give)
3. Patient can feel arches of shoe

Sign of a good shoe:

PRI tests are negative (pick a few):

Adduction drop, SLR and HGIR (frontal, sagittal, & transverse planes)

BROWN'S SHOE FIT CO.

East Park Plaza 200 North 66th Street, #206A Lincoln NE 68505 402.464.7463

WOMENS

1. **KEENS PTC Mary Jane (non-orthotic)**
2. **1803 Nome (non-orthotic)**
3. **CLARKS Wave**
4. **ARAVON**

Mike, Manager
Jeff, Assistant Manager
Scott, Assistant Manager

MENS

1. **DUNHAM 8000**
2. **CLARKS Unstructured**
3. **ROCKPORT World Tour**

Mon – Thurs 9:00 - 8:00
Friday 9:00 – 7:00
Saturday 9:00- 6:00
Sunday 12:00 – 5:00

COMFORT PLUS SHOE CENTER

6450 "O" Street (64th & "O" Street) Lincoln NE 68510 402.466.7463

WOMENS

1. **WOLKY**
2. **FINNS (expensive) – removable foot bin for orthotics**

Julie Andreasen, C. Ped., Manager

MENS

1. **DUNHAM 8000**
2. **ECCO**

Mon – Fri 9:00 – 6:00
Saturday 9:00 – 4:00

KENT'S MENS SHOES

East Park Plaza 66th & "O" Street Lincoln NE 68505 402.466.3345

MENS

1. **CLARKS**
2. **ECCO**
3. **ROCKPORT**
4. **DUNHAM 8000**

Kent Stadler, Manager

Mon – Fri 10:00 – 6:00
Saturday 10:00 – 5:00

SHOELUTIONS

7125 South 29th Street Suite B Lincoln NE 68516 402.423.0763

WOMENS

1. **WOLKY**
2. **AETREX**

Shane Stewart, Manager

MENS

1. **AETREX**
- 2.

Mon – Thur 10:00 – 7:00
Friday 10:00 – 5:00