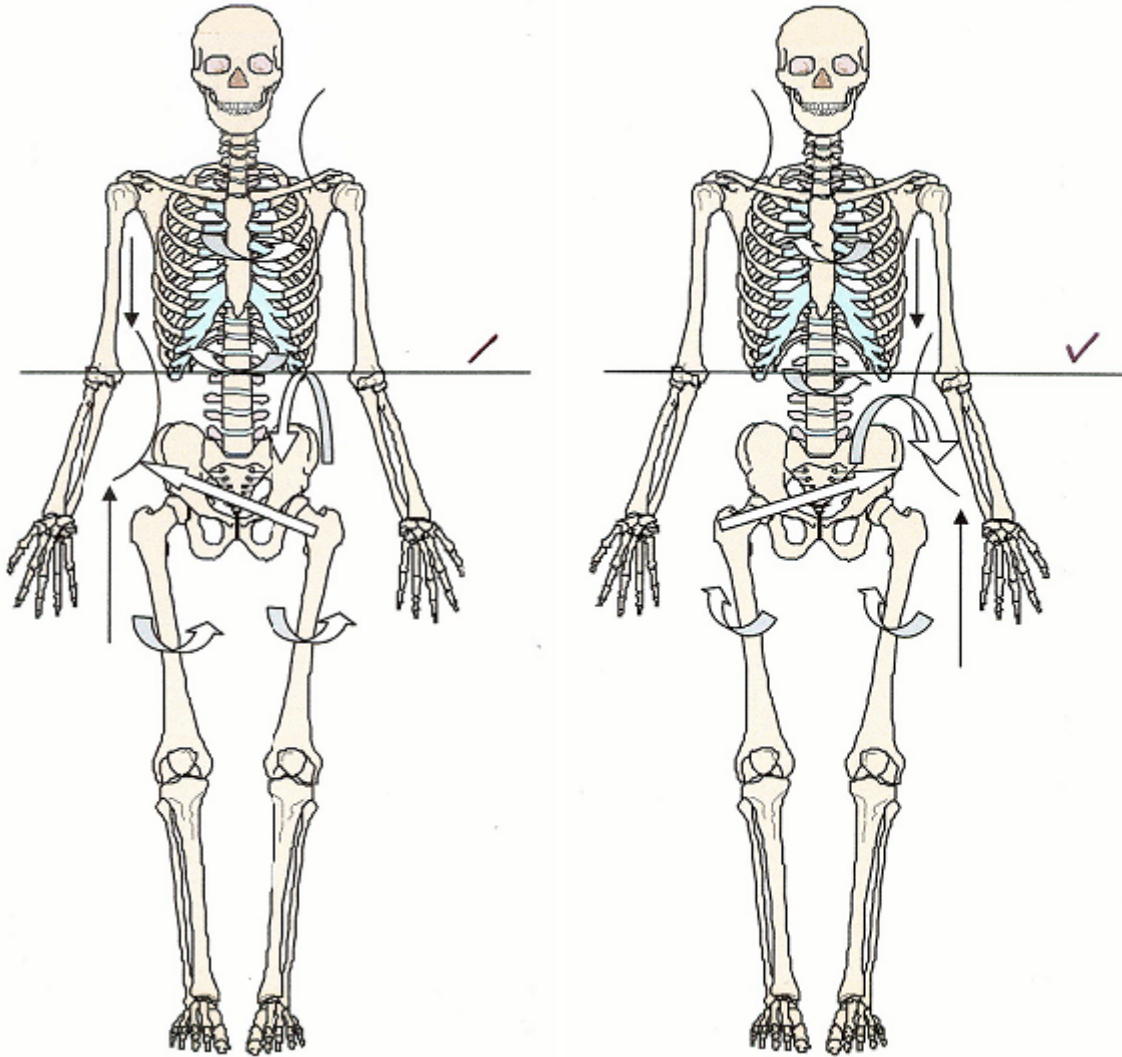


Osteokinematic and Arthrokinematic Compensations with the Left AIC Pattern

Understanding positional deficits and Myokinematic Restoration



**Common Compensation
with the Left AIC Pattern**

Right Hip	Left Hip
IR	ER
ADD	ABD
EXT	FLEX
Right Knee	Left Knee
VAL	VAR
Right Ankle	Left Ankle
INV	EVR

**Common Compensation
with the Right AIC Pattern**

Right Hip	Left Hip
ER	IR
ABD	ADD
FLEX	EXT
Right Knee	Left Knee
VAR	VAL
Right Ankle	Left Ankle
EVR	INV