Standing Lateral Shift Unilateral Occlusal Test

Ask the patient to stand with their feet hip width apart and toes straight ahead.

The feet should remain flat on the floor as you ask the patient to sense the ground (floor) under each foot.

Have the patient attempt to touch their posterior teeth together on one side.

Note if their body shifts to the same side. Ask if they sense their weight of their body move over to the side they are trying to establish posterior occlusion on.

If they sense their unilateral posterior occlusion, sense their weight shift through and from the foot they are shifting to, and you can see the physical shift of their center of mass to the same side, this PRI test would be considered to be a negative test.

If they physically are moving to the side they are directed by their unilateral occlusal movement, and do not sense either the increase or improvement of sensorium from the posterior teeth or respective foot, this PRI tests would be considered to be a positive test.

If they sense either the increase or improvement of the sensorium from only the posterior teeth, or only the respective foot or both, and they physically are not moving to the respective side they are directed to, this PRI test would be considered to be a positive test.

If they sense only one sensorium, unilateral posterior teeth or respective foot, improved or increase and respective physical movement is noted, this PRI test would be considered to be a positive test.

Ask the patient to repeat this test to the other side and assess accordingly.





Right



Left



Copyright © 2018-2022 Postural Restoration Institute®